



# Outdoor Education Parent Packet



Please fill out and return all **FOUR** pages  
marked with an acorn ( 🌰 ) on the top  
right corner.

(Health history form, both pages of the Waiver release and  
indemnification agreement, and Behavior expectations)

  
**BLACK ROCK**  
Christian Camp & Retreat Center

Hello!

My name is Sara Hilf. I'm the Outdoor Education Director at Black Rock Retreat. I am so excited your child will be joining us at camp this year!

I appreciate your willingness to let us invest in your child. We're going to have such a great time. Camp is packed full of crazy, silly fun, and we'll also spend some intentional time learning more about our Creator through His creation.



There are a few things we'd like you to do in preparation for your child's trip.

### **Step one – Fill out two paper forms**

The Waiver/release, health history form, and the behavior expectations form should be returned to the school. **There are FOUR pages you will need to return.** Everything you need to return is marked with an acorn on the top right corner.

### **Step two – Fill out the ONLINE Allergy form**

The link is further down in the packet. If your student has special dietary needs, please let us know so we can make accommodations!

### **Step three – Help your child pack for the trip**

There's a packing list below so you can assist your child in getting ready. Please check the weather for Quarryville PA and make sure to pack accordingly.

We will still do outside activities if it's raining!

### **Step four – Pray for and with your child.**

Our staff are already praying for your child. Please join us in asking God to reveal Himself through the time your child spends at Black Rock.

Thanks!

*Sara Hilf*

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# Permission, Release & Health History Form



Participant Name	_____			DOB	_____
	Last	First	MI		
SSN (Optional)	_____			Age	_____
Parent/Guardian	_____			Sex	_____
Home Address	_____			Home Phone	_____
	_____			Cell Phone	_____

City	State	Zip
Emergency Contact if Parent/Guardian is unavailable		
Relationship to Participant	Phone	

## Medical History \*this is for medical emergencies only\*

Operations or serious injuries (dates)	Allergies (check all that apply)	
Disability or chronic/recurring illness	Food Allergies are not submitted here.	
Physical, emotional or mental handicaps		Hay Fever/ Poison Ivy
Activities limited by physician		Insect Stings reaction:
Current Medication (send w/ instructions)		Penicillin
Family Physician and Phone number		Other:
Date of last physical		Other:
		Asthma

Does your family carry medical/hospital insurance? YES NO

if so: Carrier \_\_\_\_\_  
Policy/Group # \_\_\_\_\_

This health history is correct as far as I know. Authorization for Treatment: I hereby give permission to the staff of Black Rock Retreat to administer First Aid or CPR in the event of injury or illness. I also give permission to the medical personnel selected by Black Rock Retreat to order X-rays, routine tests, treatment, and necessary related transportation for me/my child. In the event aid cannot be reached in an emergency, I hereby give permission to the physician selected by Black Rock Retreat personnel to secure and administer treatment, including hospitalization, for me/or my child as named above.

I also agree to allow Black Rock Retreat to use any photographs or video footage taken of me/my child for publicity purposes. **If you DO NOT agree to the media release statement, please state so in writing on bottom of this form with an additional signature.**

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
(Parent/Guardian signature if under age 18)

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## **Black Rock Retreat Waiver, Release, and Indemnification Agreement**

**Assumption of Risk.** I expressly understand and agree that I am personally responsible for my safety and actions while using the facilities and premises and participating in the programs at Black Rock Retreat (the "Activity"). On behalf of myself and as a parent and/or legal guardian of minors participating in any Activity (the "Minor"), I acknowledge that the Activity involves risk and may result in various types of injury including, but not limited to, to the following: sickness, bodily injury, death, emotional injury, personal injury, property damage, and financial damage. I agree to comply with all Black Rock Retreat policies and rules, including but not limited to all Black Rock Retreat policies, guidelines, signage, and instructions. I further understand that I am responsible for evaluating the risks that Minor or I may face. I understand that I am responsible for evaluating the risks Minor or I face by using the facilities and premises and participating in the Activity.

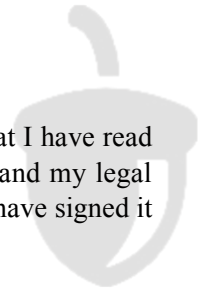
I have done so and by my signature below, by Minor's or my engagement in the Activity, and by use of transportation to and from the Activity, in exchange for the opportunity to voluntarily use the facilities, premises and programs of Black Rock Retreat, on behalf of Minor and myself, I have assumed the risk for and am responsible for our actions.

**Acknowledgement of Safety Measures to be Utilized by Guest and Black Rock Retreat.** Black Rock Retreat will take certain safety measures to help prevent, as best it reasonably can, infection or the spread of illness. Black Rock Retreat will also stay apprised of any recommendations from the CDC and will consider action accordingly. In the event that the CDC or Black Rock Retreat recommends additional safety measures, I agree to pursue utilization of such safety measures upon verbal or written request of Black Rock Retreat.

**Indemnification and Hold Harmless.** I specifically understand that I am personally responsible for Minor's and my actions and omissions, and any resulting sicknesses or injuries and agree to indemnify, defend, and hold harmless, including from reasonable attorneys' fees and/or any other associated costs, Black Rock Retreat, and its predecessors, successors, assigns, officers, directors, employees, volunteers, agents, and legal representatives (the "Releasees"), from any and all actions, claims, or demands that Minor and I, for ourselves and on behalf of our family, spouse, estate, heirs, executors, administrators, assigns and personal representatives, have or may have for any and all sicknesses or injuries relating to or resulting from the Activity that Minor or I may suffer or sustain, regardless of cause or fault, as a result of our voluntary decision to utilize the facilities and premises of Black Rock Retreat, caused by any act or omission of Black Rock Retreat and/or Minor or by me, resulting from utilizing the facilities and premises of Black Rock Retreat.

**WAIVER OF CLAIMS.** In consideration of being allowed to utilize Black Rock Retreat's facilities and premises, on behalf of myself and Minor (individually and collectively referred to herein as "Releasor"), I hereby waive any and all claims, demands, damages, actions, or suits, in law or in equity, whether heretofore or hereafter accruing, or whether now known or not known to the parties, which may arise from any negligent or grossly negligent act or omission of Black Rock Retreat, or the Releasees, including but not limited to claims for negligence, gross negligence, personal injury, and mental anguish, for or because of anything done or omitted, or suffered to be done, directly or indirectly related to Releasor's use of Black Rock Retreat's facilities, premises and participating in the Activity. Releasor further waives any and all liability of Releasees for their negligence or gross negligence causing any accident, illness, injury, loss or damage to personal property, or any other consequences arising or resulting directly or indirectly from Guest's use of and entrance upon Black Rock Retreat's facilities and premises. Releasor acknowledges and agrees that Releasees assume no responsibility for any liability, damage, or injury that may be caused by the negligent, grossly negligent, or willful acts or omissions committed prior to, during, or after Guest's use of Black Rock Retreat's facilities, premises and participating in the Activity. By signing this agreement Releasor is giving up legal rights.

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In signing this Waiver, Release, and Indemnification Agreement, I hereby acknowledge and represent that I have read this entire document, understand its terms and provision, understand it affects my legal rights individually and my legal rights as a parent/legal guardian, as well as the rights of the Minor, that it is a binding Agreement, and that I have signed it knowingly and voluntarily.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Minor's Name: \_\_\_\_\_

Parent: \_\_\_\_\_

Minor's Name: \_\_\_\_\_

Parent: \_\_\_\_\_

Minor's Name: \_\_\_\_\_

Parent: \_\_\_\_\_

Minor's Name: \_\_\_\_\_

Parent: \_\_\_\_\_

Minor's Name: \_\_\_\_\_

Parent: \_\_\_\_\_

# Dietary Allergies (Due 2 weeks before arrival)

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We want to serve your child well! If your child has an allergy or dietary need, we need you to tell us, by filling out this form.

The information submitted in this form will go directly to our food service department and they will be able to use the information to serve your child. This information will be used for food service purposes only.

If you'd like to check out the form and see what information we're asking for, please use the first and last name TEST.

Parents of students with food allergies are required to fill out the online form and submit it 2 weeks prior to your school's trip. If the form (which has an automatic date stamp) is not received two weeks prior to your arrival at Black Rock, we cannot make meal accommodations and parents will be required to send their own meals. If this were to happen there will be no food refunds given.

If you have any questions or concerns, please reach out to us at 717-529-3371 or [outdoor@blackrockretreat.com](mailto:outdoor@blackrockretreat.com).

[<<<< Click here to fill out the ALLERGY FORM >>>>](https://docs.google.com/forms/d/e/1FAIpQLSdFQ1YuPAN8mhoKy9q1xaqhHngTGqGjrQLVnRxZS5gMFLJrNA/viewform)

<https://docs.google.com/forms/d/e/1FAIpQLSdFQ1YuPAN8mhoKy9q1xaqhHngTGqGjrQLVnRxZS5gMFLJrNA/viewform>

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# What to Bring:

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We can't wait to see you! As you start planning and packing, we have a few suggestions / tips for you.

1. Space is limited. Try to pack so that your luggage includes only a sleeping bag or bedroll and a small suitcase. (linens are NOT provided)
2. We will be outside. A lot. Please do **not** bring new clothes, as we will be spending our time outside, sitting on the ground, and doing other outdoor activities where they will probably get dirty.
3. Temperatures may range from the 40's to the 90's. It is good to plan on wearing layers of clothing that can be added or taken off as the temperature changes. Check the weather for Quarryville PA.
4. Don't forget your rain gear! We hold classes outdoors, rain or shine!
5. Label your things. Black Rock Retreat is not responsible for lost or stolen items. Lost and found items after your schools' trip will be kept for 30 days. Items can be picked up or shipped after a check to cover costs is received.

**Please do not bring snacks, gum, your best new clothes, smart watches, AirPods, cell phones, electronic games, weapons, or knives.**

A packing list is on the next page!



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Clothes	
	Socks
	Underwear
	T-Shirts
	Pants/shorts
	Sweatshirt
	Pajamas
	Jacket/coat
	Raincoat / poncho
	Shoes for walking/hiking
	Shoes for getting wet (must have a back strap)



Linens	
	Sleeping bag or sheets & blanket
	Pillow
	Towel (maybe two)

Toiletries	
	Towel(s) and washcloth
	Shampoo
	Soap
	Deodorant
	Toothbrush & toothpaste
	Comb or Brush
	Sunscreen
	Bug spray with tick repellent
	Student medications should be turned to the school prior to arrival

Misc.	
	Water Bottle
	Flashlight
	Bible
	Hat or Bandana
	Pen or Pencil
	Backpack



Optional	
	Camera
	Money for giftshop/ snack shop (your school will decide if the shops are open)
	Shower flip flops
	Gloves for gaga ball

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# Behavior Expectations



During your time at Black Rock, we will all have more fun if we're respectful. Please be respectful of the following.



## Consequences of Disrespect

**Strike One - warning from an adult.**

**Strike Two - call home and tell them you were disrespectful.**

**Strike Three - call home and tell them you can't stay at camp.**

I have read and understand these guidelines and the consequences of being disrespectful.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_