



Christian Camp & Retreat Center

Pool & Lake
SWIMMING RULES AND INFORMATION

General Rules

1. Lifeguards must be present for all swimming activities. Swimming is absolutely prohibited without the presence of certified Black Rock Retreat lifeguards.
2. We require that women wear MODEST bathing suits (no bare midriff or bikini) and men wear MODEST swimming trunks (no bikini, Speedo style). Lifeguards will require guests to put on a dark long T-shirt if this is not followed.
3. Please be modest when going to and from the swim areas. Shirts, towels or other cover-ups are suggested especially if you need to walk through the retreat center lobby. Wearing or lingering in swimwear anywhere other than the swim areas should be avoided. Allow swimwear to dry before entering buildings.
4. Eating and drinking are allowed on the deck and in the grass areas only. Do not eat or drink in the water. No glass bottles will be allowed. **No** alcohol is permitted on property.
5. No smoking or alcoholic beverages are allowed anywhere at Black Rock Retreat, including the lake and pool areas. Anyone needing to smoke should do so at the designated smoking area behind the Maranatha Retreat Center.
6. The safety equipment, life rings, ropes, etc. are to be used for rescue procedures only and only by the lifeguards.
7. Any guest with pink eye, open wounds, or infections are not allowed in the water.
8. Children age 12 and under **must** be accompanied by an adult to either swim area. The adult must take responsibility for watching them.
9. Babies should wear swim diapers. If defecation occurs, the pool will be closed.
10. Please be respectful of the lifeguards. They are there for your safety and have the authority to stop a situation or close an area/activity, which they deem as unsafe. They also have the authority to ask someone to leave the lake or pool areas if they are not following the rules.
11. Groups may not bring any kind of sound system (electric or otherwise), but they may request one set up by Black Rock Retreat during private bookings. Requests must be made at least 2 weeks prior and are subject to availability. Music must meet camp standards (ie no bad language, inappropriate themes).
12. Reservations for the purpose of baptisms may be made before or after "open swim" hours. Please speak to your account manager in guest services to confirm available times and complete your booking.

I have received, understand and ensure that my group complies with the above Black Rock Retreat Pool Rules.

Signed: _____

Date: _____